

GRILLED DISHES

PORTION

	LARGE	MEDIUM
CHICKEN FILLET	13.90	11.50
Boneless chicken fillet served with grilled tomato - mushroom and béarnaise sauce on the side		
GAMMON STEAK	14.90	12.50
Juicy gammon steak served with grilled tomato - mushroom - pineapple or egg		
LAMB CUTLETS*	16.50	13.90
Served with grilled tomato - mushroom and mint sauce		
FILLET OF PORK	15.90	13.50
Prime pork fillet served with grilled tomato - mushrooms - pineapple and apple sauce on the side		
SIRLOIN STEAK (Entrecote)*	22.50	18.90
Prime Sirloin (Entrecote beef) served with grilled tomato - mushroom and béarnaise sauce on the side		
PRIME FILLET OF STEAK*	26.50	22.50
The tender cut of beef served with grilled tomato - mushroom - béarnaise sauce on the side		
PORK CHOP	14.50	
Juicy pork chop served with grilled tomato - mushroom - pineapple - and apple sauce on the side		
T - BONE STEAK	23.50	
Prime beef on the bone served with grilled tomato - mushroom and béarnaise sauce on the side		
MIXED GRILL	21.90	
Steak- lamb cutlets -gammon- chicken fillet- pork fillet- sausage - bacon - egg - tomato and mushroom		

ALL ABOVE DISHES ARE SERVED WITH VEGETABLES AND CHOICE OF POTATOES (chips - baked - boiled) OR RICE

CYPRUS DISHES

PORTION

	LARGE	MEDIUM
PORK KEBAB (souvlaki)	13.50	10.90
Small pieces of Pork fillet served with salad - chips pitta on top and tzatziki on the side		
CHICKEN KEBAB (souvlaki)	14.50	11.90
Small pieces of Chicken fillet served with salad - chips pitta on top and tzatziki on the side		
SHEFTALIES	15.90	13.50
Pork minced meat mixed with onions - parsley - cinnamon - salt Served with salad - chips pitta on top and tzatziki on the side		
MIXED KEBAB	15.90	13.90
Pork kebab with sheftalies served with salad - chips pitta on top and tzatziki on the side		
PORK AFELIA	14.50	11.90
Cooked in casserole served with rice and village salad.		
DOLMADES	15.50	12.90
Stuffed vine leaves with pork minced meat - rice-salt-pepper- tomatoes - onion and parsley. Served with tomato sauce - village salad and a choice of potatoes		
FRIED MEATBALL	15.90	13.50
Deep-fried beef and pork minced meat with breadcrumbs - finely chopped onions - egg - chopped mint Salt - pepper and oregano (Mixed together - dredged in flour) served with salad & chips		
BEEF STIFADO	15.50	12.90
Chunks of beef cooked in red wine - onions -salt - pepper - vinegar and Tomato paste served with rice and vegetables		
KLEFTIKO	16.50	13.90
Lamb - onions - tomatoes - salt - pepper - oregano and olive oil. Cooked in the oven and Served with roast potatoes and village salad		
CYPRUS COOKING STYLE ROAST CHICKEN	15.50	12.90
Boneless chicken fillet - tomatoes - onions - salt - pepper - cinnamon and olive oil Cooked in the oven and served with roast potatoes and village salad.		
MOUSSAKA	13.90	
Layers of sliced potatoes - aubergines - courgettes - tomatoes - minced meat Topped with béchamel sauce and served with village salad		

FLAMES SPECIAL CYPRUS (MEZE)

(Minimum 2 persons).....(per person).....21.90

Chance to try all Cyprus dishes. Try this if you have a good taste!

FROZEN

ALL TAXES ARE INCLUDED