

# VEGETARIAN DISHES

**PORTION**

===== **LARGE / MEDIUM**

**OMELETTE**.....12.50.....9.90

Served with chips and salad.

**SPAGHETTI OR PENNE**.....13.50.....10.90

Tomato sauce and vegetables mixed with spaghetti/penne.

**MOUSSAKA**.....13.90

Layers of sliced potatoes - aubergines - soya - courgettes - tomatoes

Topped with Béchamel sauce and served with village salad.

**PIZZA**.....12.50

Green peppers - mushrooms - tomatoes - sweet corn - tomato sauce and cheese.

**LASAGNE**.....13.90

Layers of baked pasta - soya - tomatoes - tomato sauce

Béchamel sauce and grated cheese. Served with village salad.

**FLAMES VEGETARIAN DISH** .....15.90

Fried egg- veggie ball- marrows- French fried onions- mushrooms- pineapple- halloumi cheese

Served with vegetables - choice of potatoes (chips - baked - boiled) and salad.

## MAIN SALAD

**PORTION**

===== **LARGE / MEDIUM**

**VILLAGE SALAD (Greek salad)**.....12.50.....9.90

Lettuce-cabbage-tomatoes-cucumber-rocket-onions-peppers-olives-fetta cheese and dressing.

**CHICKEN SALAD**.....14.50.....11.90

Chicken fillet - rocket - lettuce - tomatoes - cucumber - onions - pepper - olives - egg and dressing.

**TUNA SALAD**.....13.50.....10.90

Tuna fish - lettuce - rocket - tomatoes - cucumber - onions - peppers and dressing.

**PRAWN SALAD**.....15.50.....12.90

Prawn\*- lettuce - rocket -tomatoes - cucumber - onions - peppers- cocktail sauce - dressing.

**SEAFOOD SALAD**.....15.50

Tuna - prawns - crab-rocket-lettuce-tomatoes-cucumber- peppers-onions- cocktail sauce - dressing.

**FLAMES SPECIAL SALAD**.....15.90

Crab\* - prawns\* - tuna - cheese - ham - Fetta - cabbage - lettuce - rocket - tomatoes

Cucumber - onions - peppers - olives - egg - with cocktail sauce and dressing.

## MEALS

**PORTION**

===== **LARGE / MEDIUM**

**MIXED OMELETTE** with French fries and salad.....12.90.....10.50

**EGGS-sausages-bacon and baked beans** with French fries and salad..13.90.....11.50

**DONER KEBAB** in pitta bread with salad - tzatziki and fries ....14.90.....12.50

**CHICKEN NUGGETS\*** with French fries and salad .....15.50.....12.90

**JACKET POTATOES** with fillings of your choice and salad .....9.90

**SPECIAL MIXED SANDWICH** with French fries and salad .....9.90

**HOMEMADE CHICKENBURGER** with French fries and salad.....12.50

**HOMEMADE BURGER** with French fries and salad .....11.50

**HOMEMADE CHEESEBURGER** with French fries and salad .....11.90

**FLAMES HOMEMADE BURGER** with French fries and salad.....13.90

## SIDE ORDERS

=====

**PORTION OF CHIPS** .....5.90

**BAKED BEANS**.....4.90

**FRENCH FRIED ONIONS**.....5.50

**VEGETABLES OR RICE**.....4.90

**FRIED ONIONS** .....4.90

**VILLAGE SALAD**.....5.90

**SAUTEED MUSHROOMS**.....6.90

**TOMATOES AND ONIONS**.....5.90

**SAUCES** Pepper-garlic-Diana-etc.....4.90

**GREEN SALAD**.....5.90

===== \*FROZEN

**ALL TAXES ARE INCLUDED**